



2024-2025 Class Schedule

Pre-School Division

Grown-up & Me

Ages: 18 months - 3 years
Tuesday 4:00-5:00
or Wednesday 10:30-11:30
or Saturday 10:30-11:30

Ballet Beginnings

Ages: 3 - 6
Tuesday 5:00-6:00
or Thursday 5:00-6:00
or Saturday 11:30-12:30

Student Division

Ballet 1

Ages: 5 - 8
Tuesday 6:00-7:00
Thursday 6:00-7:00

Ballet 2

Ages: 7 - 9
Tuesday 5:00-6:00
Thursday 5:00-6:00

Ballet 3 & 4

Ages: 8 - 10
Tuesday 6:00-7:15
Wednesday 6:00-7:15
Thursday 6:00-7:15

Pre-Professional Division

Intermediate

Monday 5:00-7:00
Tuesday 5:00-7:00
Wednesday 5:00-7:00
Friday 5:00-7:00

Advanced

Monday 5:00-7:00
Tuesday 5:00-7:00
Wednesday 5:00-7:00
Thursday 5:00-7:00
Friday 5:00-7:00
Saturday 10:30-1:00

Pre-Professional

Monday 2:30-5:00
Tuesday 2:30-5:00
Wednesday 2:30-5:00
Thursday 2:30-5:00
Friday 2:30-5:00
Saturday 10:30-1:00

Speciality Classes

Ballet Technique

Ages 10+
Monday 5:00pm - 7:00pm
Friday 5:00pm - 7:00pm

Pilates for Dancers

Wed 6:00pm - 7:00pm

Adult/Teen Ballet Abilities

Saturday 9:00-10:45

Youth Ballet Abilities

Saturday 9:45-10:30

Adult Classes

Adult Pilates

Tues 8:00pm-9:00am
Wed 7:00pm - 8:00pm
Thur 8:00- 9:00am

Adult Stretch

Wednesday 10:30-11:30

Adult Ballet

with Rolando Sarabia
Mon 7:00-8:00pm